

Summer Camps

Nanaimo Yacht Club offers summer sailing camps for ages 5 through 18 from June to the end of September every year. All of our dinghy courses and camps are in line with the CANSail dinghy training syllabus and taught by CANSail registered instructors. The primary aim of our summer camps is to provide kids and youths with a fun and safe learning environment.



Everyone starts at level 1 and works through to level 6. The training follows the same style and subjects for all ages, but we match the student to the best suited boat and age group for them to maximise their chance of success. Generally for CANSail 2 and above a student will need to complete at least 2 weeks of sailing at that level to master all the skills necessary to succeed.

We use the following boats, Optimist, Topper Taz & Topaz and 420 dinghies. Each boat gets progressively larger and quicker.

For this reason our booking page will ask you to indicate the following –

- Students age at time of the course
- Level you want to book
- The week you want

Levels and Class Splits

Opti Wetfeet (Half day am or pm camps).

Prerequisites - Ages 5 to 7 A CANSail course for young children. Aimed at familiarising children with being around, on and in the water while maintaining a supportive and fun environment. An Active Start on physical literacy focusing on water, dock and boat safety. Students will sail in an Optimist Dinghy and we teach using fun games and activities.

CANSail Level 1

Prerequisites - Ages 7 through 18
This CANSail program teaches students the fundamentals of sailing in a fun and comfortable environment. Students work together on balance, steering and making their boat move using the sails. Sailors also learn physical literacy and communication skills through fun activities and games.

CANSail Level 2

Prerequisites – CANSail level 1
We develop on the skills learned in Level 1 and introduce more advanced skills, the sailors start to become comfortable on the water and able to control their own boat. This is where the Optimist students introduces sailors to sail on their own. Level 2 training concentrates more on refining the basic skills needed to advance to levels 3 and 4.

CANSail Level 3 & 4

Prerequisites – CANSail level 2 & 3
Build on existing skills, working towards skill proficiency in a variety of conditions and situations. Sailors are introduced to concepts such as reading the wind and waves, advanced boat handling, rudderless sailing, roll tacking, beginner racing skills, racing rules and sportsmanship.



CANSail Levels 5/6 & Advanced Training Camp

Prerequisites – Ages 12 – 19 & CANSail level 4
This 420 Camp gives sailors a taste of race teams and training camps, integrating fun with fast sailing and high performance skills. Focus is on advanced boat handling and racing basics including race preparation, strategy and tactics.

Race Team & Development Training

Prerequisites - 8 + years old & Cansail 2
Spring training is on a Saturdays between 9.30am & 1pm from mid April to Late June. Summer training is on Monday evenings from 4.30 to 7 August & October - Open to all & spaces are limited; see our website for more details.

Water Sport Weeks. Minimum age - 14

Spend 4 or 5 days dinghy sailing, keel boating, kayaking and paddle boarding. Non certified fun activity days on the water discovering the beaches around Newcastle Island, sailing around Snake and Five Fingers, try all four sports in a safe and fun environment.

Junior Membership (Under 19)

By becoming a junior member of Nanaimo Yacht Club you will benefit from – Discount on ALL junior courses plus free access to our kayaks, paddle boards and dinghies during organised weekly sessions in July and August. For just \$69 per year.

NANAIMO YACHT CLUB



Summer 2019
Public Sailing Programs

NYCSailingSchool.com

sailtraining@nanaimoyc.ca

250-754-7011



DINGHY LESSONS

Spring

Limited spaces available.

Price - \$125.

Ages 7 through 11

PO1: Mon 4 to 6.30 May 27 to June 24

PO2: Sat 1.30 to 4 May 25 to June 22

Ages 12 through 14 & 15 through 18

PZ1: Thurs 4.30 to 7 May 23 to June 22

PZ2: Sat 1.30 to 4 May 25 to June 22

Fall

Limited spaces available.

Price - \$125.

Ages 7 through 11

PO3: Sundays 10am to 1pm Sept 8 to 29

Ages 12 through 14 & 15 through 18

PZ3: Sundays 10am to 1pm Sept 8 to 29

Water Sports Weeks

Prerequisites – 13 through 18 years old.

Price - 4 days \$240

All Classes 9 – 4pm

WS1: July 2 – 5

WS2: August 6 – 9



SUMMER CAMPS -

WetFeet Classes (ages 5 & 6)

Price - \$150

All Classes 9am – Noon or 1 - 4pm

W1: July 8 - 12

W2: July 15 – 19

W3: July 22 – 26

W4: July 29 – Aug 2

W5: Aug 12 – 16

W6: Aug 19 - 23

W7: Aug 26 - 30

All other ages (7 through 18)

Junior Members Price - \$270;

Non Members - \$295;

All Classes 9 – 4pm

S1: July 2 - 5 (\$240 - 4 day class)

S2: July 8 – 12

S3: July 15 – 19

S4: July 22 – 26

S5: July 29 – Aug 2

S6: Aug 6 - 9 (\$240 - 4 day class)

S7: Aug 12 – 16

S8: Aug 19 – 23

S9: Aug 26 – 30



Advanced Training Camp

(These weeks may also see the addition of a level 5/6 course. See website for confirmation in May.)

Prerequisites – Ages 12 through 18 & CANSail level 4 Completed.

Junior Members Price - \$220;

Non Members - \$250;

All Classes 9 – 4pm

CA1: July 2 - 5

CA2: August 6 - 9

Race Teams

Our race team sessions are open to ages 8 - 19 with CANSail level 2 pass.

Spring Training

Saturday mornings 0930 to 1300

May 11 to June 22 (7 sessions)

Members - \$265; Non Members - \$295

Summer Training

Monday evenings 4.30 to 7.30 July 8 to

Aug 26; (7 sessions)(no session Aug 7)

Members - \$235; Non Members - \$275

Youth Keelboat Training

4 days; 9am - 4pm Ages 14 to 19

Members \$300; Non Members - \$325

YK1: July 2 - 5

YK2: Aug 6 - 9



ADULT COURSES

CANSail Dinghy

Weekends 10am – 4pm

Price - \$240

AD1 June 2, 9, 16 & 23

AD2 September 7, 14, 21, 28

Evenings 5.30pm – 8pm

Price - \$150

AD3 July 4, 11, 18, 25 & Aug 1

IYT Keelboat Training

2 day; 9am - 4pm

Price - \$275

(\$750 for 1 couple course. By request.)

Beginner/Crew

BK1: May 11 & 12

BK2: June 22 & 23

BK3: July 13 & 14

BK4: August 10 & 11

BK5: Sept 8 & 15

Intermediate & Advanced Course \$275

IK1: June 1 & 2

IK2: July 27 & 28

IK3: August 24 & 25

